

# *Healthcare Security & Privacy*



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## **Lecture 13**

Nov 8, 2018



# Overview of Healthcare IT/Industry

# Healthcare Ecosystem:

## *Healthcare and Public Health (HPH) Sector as a CI*

### Laboratories, Blood & Pharmaceuticals

Pharmaceutical Manufacturers  
Drug Store Chains  
Pharmacists' Associations  
Public and Private Laboratory Associations  
Blood Banks

### Medical Materials

Medical Equipment & Supply Manufacturing & Distribution  
Medical Device Manufacturers

### Health Information Technology

Medical Research Institutions  
Information Standards Bodies  
Electronic Medical Record System and Other Clinical Medical System Vendors

### Federal Response & Program Offices

Coordinated Response Activities  
Under Emergency Support Function 8  
Government Coordinating Council  
Federal Partners (e.g., HHS, DoD, other sector partners)

### Direct Patient Care

Healthcare Systems  
Professional Associations  
Medical Facilities  
Emergency Medical Services  
Consumer Devices \ BYOD

### Mass Fatality Management Services

Cemetery, Cremation, Morgue, and Funeral Homes  
Mass Fatality Support Services (e.g., coroners, medical examiners, forensic examiners, & psychological support personnel)

### Health Plans and Payers

Health Insurance Companies & Plans  
Local and State Health Departments  
State Emergency Health Organizations

### Public Health

Governmental Public Health Services  
Public Health Networks



**Large .. Diverse .. Open**  
**Vast, complex, public-private IT systems**



# Unique culture within HHS

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- Open, and sharing – towards mission
- Services provided to huge number of patients and related entities
- Need to access info quickly – staff make potential mistakes
  - E.g., leave workstations open
- Hospitals are public institutions – open!
- Staffs/Physicians change/rotate
  - All these impact Cybersecurity issues



# Cybersecurity in Healthcare Industry

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- Typically viewed as an IT Challenge
- Approached reactively
  - Not seen as protecting patients !!
- Limited financial resources
- A lot of legacy devices –
- Increasing connectivity – sensors, IoT devices
- Lack of understanding of cyber risks
- Limited education and awareness programs

***Need organizational culture shifts and increased support and direction from leadership***

***A majority of healthcare sector made financial investments only in last five years***

# Some key issues related security & privacy risks

- Healthcare data – does not change over time and value may increase
  - Reflected in price of medical records in dark web
  - Use when appropriate (job, when prominent, etc.)
- Potential for fraud (prescription medicine, insurance, medicare, etc.)
- Impacting safety and health, & social image
- Competitive disadvantage, brand damage, negative impact on confidence of patients, lawsuits, etc.

## DARK WEB:

- Complete medical records: \$60
- SSN: \$5
- Stolen CC: \$1-\$3

Medical Identity Theft:  
*"The info crime that can kill you"*

[https://www.mlmic.com/wp-content/uploads/2014/04/Dateline-SE\\_Spring15.pdf](https://www.mlmic.com/wp-content/uploads/2014/04/Dateline-SE_Spring15.pdf)

time. In 2013, there were an estimated 1.84 million victims of medical identity theft costing \$12.3 billion.<sup>1</sup> This represented a 20% increase from 2012. There is no doubt that medical

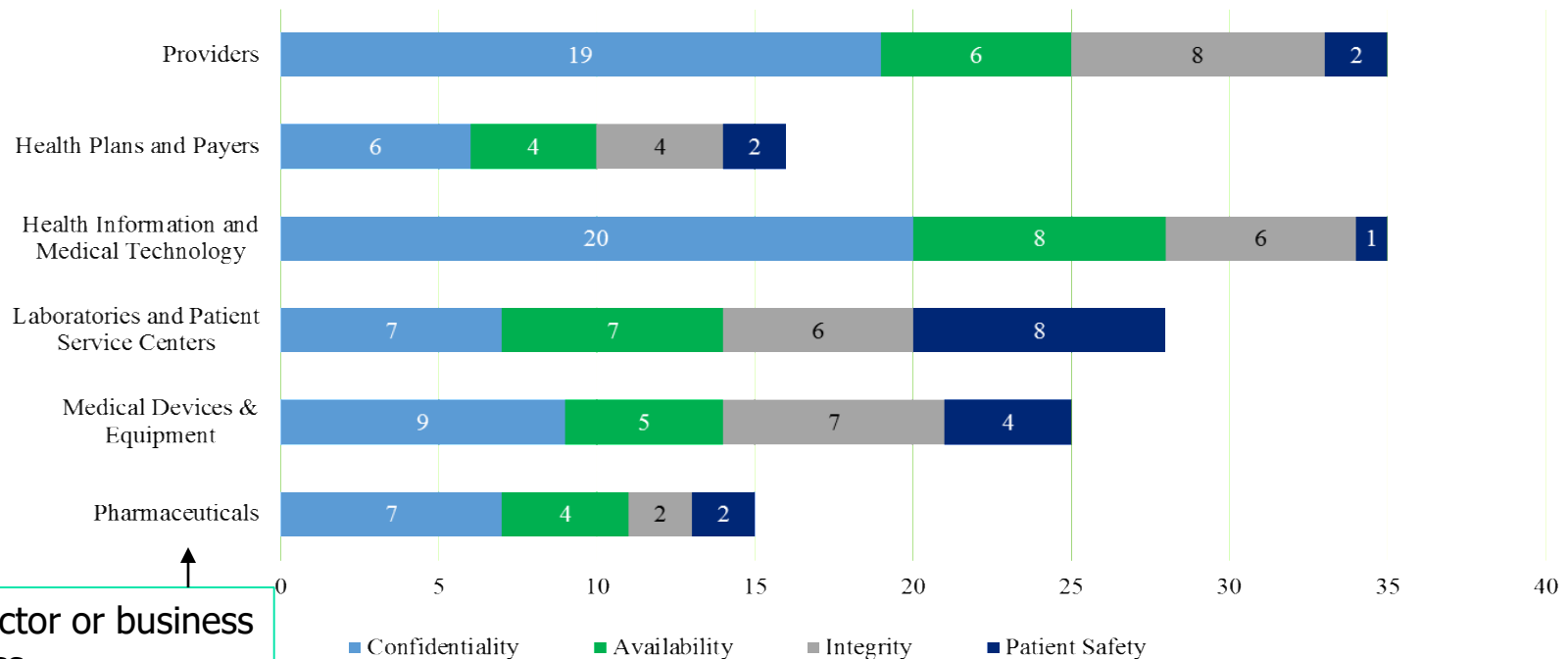
# Risk in Healthcare industry

- 2015 – HPH experienced more cybersecurity incidents resulting in data breach than any of the other 15 critical CI sectors
- Hospital ransomware attack is growing

151 potential risks across the value chain

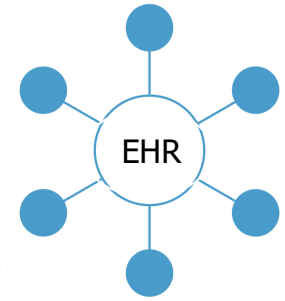
- 68 confidentiality (C) risks,
- 30 availability (A) risks,
- 30 integrity (I) risks, and
- 23 patient safety (PS) risks.

Figure 4 Health Care Subsector Risks across the Value Chain



Subsector or business process

# Risks to EHR



- Regulatory mandates – will force all EHR vendors to have a shared, publicly-available application interface
  - Goal – patients can use “third party applications” to gain access to their health data for improved service delivery
  - Can exacerbate cybersecurity – need secure interoperability!!
- *“EHR is the hub and connected devices are spokes”*
  - Complex mix of applications, programs, and interfaces from a variety of vendors
  - Attack surface increases!!
- Massive support and governance structure needed to support
  - patch management and
  - significant data flow change
  - connection to “spokes” which have their own software may be fragile

**The ecosystem is as strong as the Weakest link**



# Risks to Networked environment & Medical Devices

- Increased attack surface because increased connectivity of medical devices
  - On the other hand provides opportunity for improving healthcare delivery
- Patients may be physically affected

Table 1

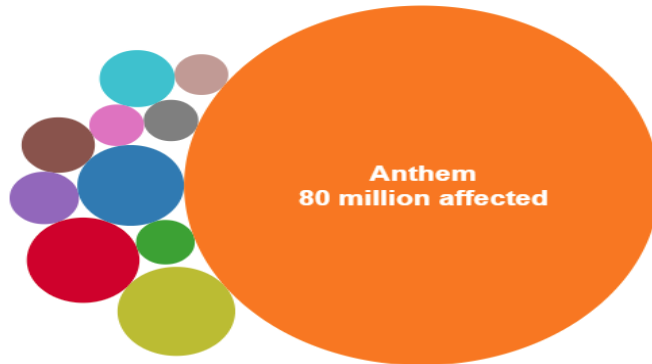
Risk Description	C	A	I	PS
Unauthorized access to the health care network, which allows access to other devices.	X	X	X	X
Failure to provide medical device in older medical devices	X	X	X	X
Malware which	X	X	X	X
Device reprogrammed unauthorized user	X			
Denial of service	X	X	X	X
Exfiltration of	X	X	X	X
Open, unused communication ports on a device which allow for unauthorized, remote firmware downloads.	X	X	X	X

# Recent Data Breaches in Healthcare from other sources

In 2018

<https://www.hipaajournal.com/july-2018-healthcare-data-breach-report/>

## Biggest healthcare data breaches

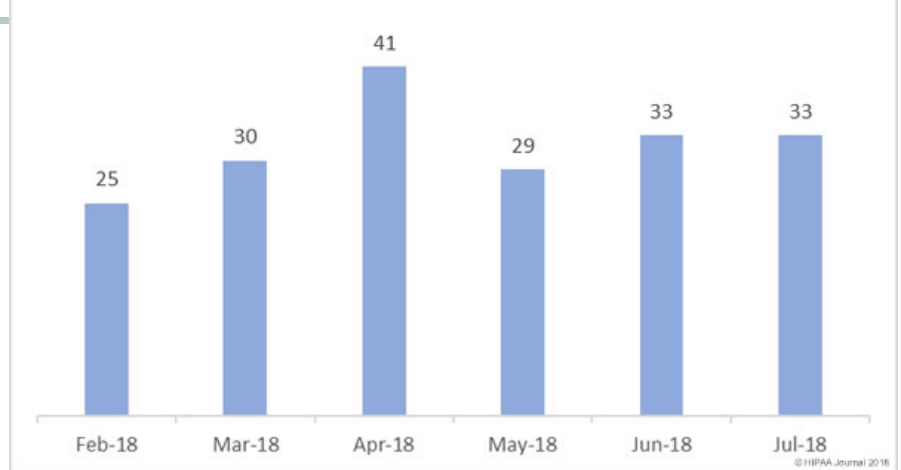


+ a b l e a u

### Top 10 Healthcare Data Breaches 2015

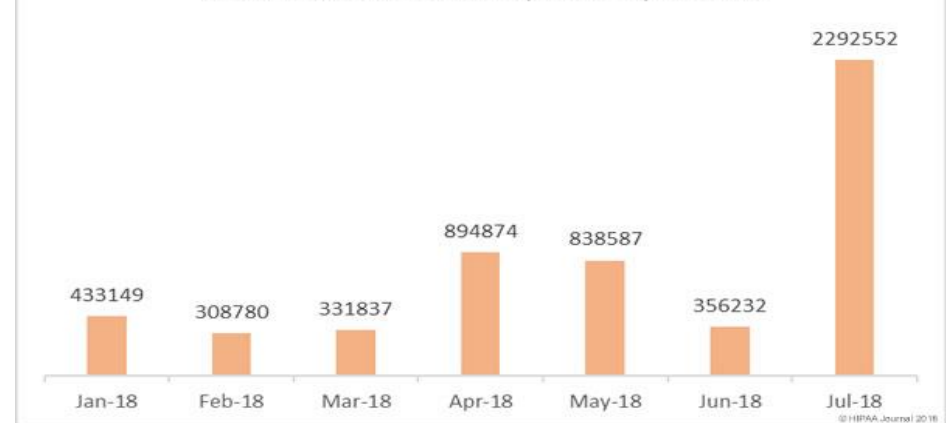
Organization	Records Breached	Type of Breach
<b>Anthem</b>	78,800,000	Hacking / IT Incident
<b>PREMERA</b> <b>BLUE CROSS</b>	11,000,000	Hacking / IT Incident
<b>Excelsus</b>	10,000,000	Hacking / IT Incident
<b>UCLA Health</b>	4,500,000	Hacking / IT Incident
<b>mie</b> MEDICAL REFORMS ENGINEERING	3,900,000	Hacking / IT Incident
<b>CareFirst</b>	1,100,000	Hacking / IT Incident
<b>DMAS</b>	697,586	Hacking / IT Incident
<b>GEORGIA DEPARTMENT OF COMMUNITY HEALTH</b>	557,779	Hacking / IT Incident
<b>BEACON HEALTH SYSTEM</b>	306,789	Hacking / IT Incident
<b>DJO GLOBAL</b>	160,000	Laptop Theft
<b>2015 Total</b>	<b>111,022,154</b>	<b>(almost 35% U.S. population)</b>

## Healthcare Data Breaches by Month



July 2018 impacted 2,292,552 patients (543.6% more than in June) – worst in 2018 so far

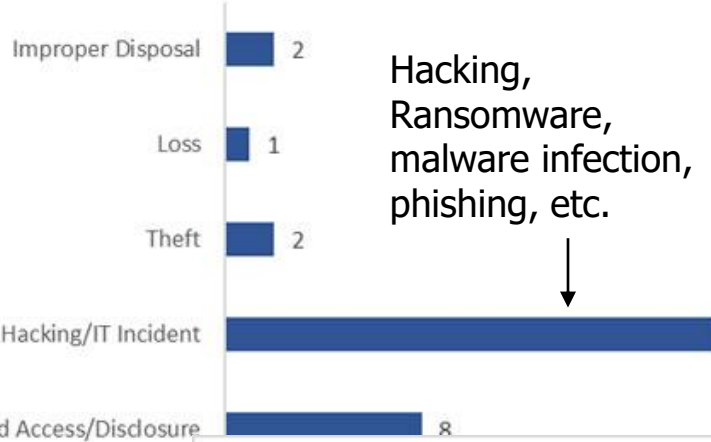
## Healthcare Records Exposed by Month



# Largest Healthcare Data Breaches of 2018 (Jan-July)

Entity Name	Entity Type	Records Exposed	Breach Type
United Community Health	Health Plan	1725606	Unauthorized Access/Disclosure
MedEvolve	Business Associate	317154	Improper Disposal
St. Peter's Surgery & Endoscopy Center	Healthcare Provider	245597	Unauthorized Access/Disclosure
Boys Town National Research Hospital	Healthcare Provider	1725606	Unauthorized Access/Disclosure

Causes of Healthcare Data Breaches (July 2018)

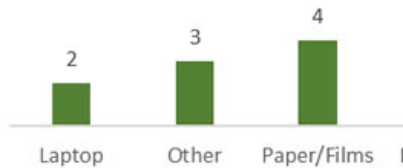


Hacking, Ransomware, malware infection, phishing, etc.

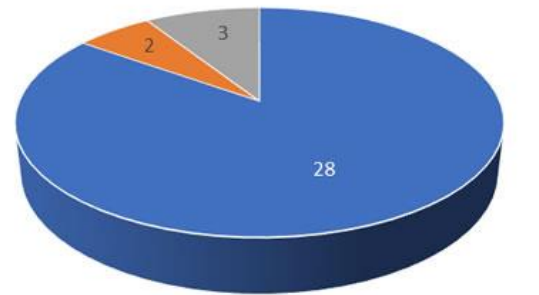
Records Exposed by Breach Type (July 2018)



Location of Breached PHI (July 2018)



Data Breaches by Covered Entity (July 2018)



Healthcare Provider Health Plan Business Associate

# HEALTHCARE CYBERSECURITY IS IN CRITICAL CONDITION

All these  
contribute  
to increased  
risk

## Severe Lack of Security Talent

The majority of health delivery orgs lack full-time, qualified security personnel

## Legacy Equipment

Equipment is running on old, unsupported, and vulnerable operating systems.

## Premature/Over-Connectivity

'Meaningful Use' requirements drove hyper-connectivity without secure design & implementation.

## Vulnerabilities Impact Patient Care

One security compromise shut down patient care at Hollywood Presbyterian and UK Hospitals

## Known Vulnerabilities Epidemic

One legacy, medical technology had over 1,400 vulnerabilities

Source: Healthcare Industry Cybersecurity taskforce June 2017



Risk  
Management  
Approach  
(Macro-level)

Uses NIST CSF:

- identify
- Protect
- Detect
- Respond &
- Recover

Not specific to  
Healthcare !!

FDA, ONC, OCR  
guidance  
important

# Task force recommendation

## Six high-level imperatives *that must be achieved to address cybersecurity in Healthcare*

- Define and streamline leadership, governance, and expectations for health care industry cybersecurity.
- Increase the security and resilience of medical devices and health IT.
- Develop the health care workforce capacity necessary to prioritize and ensure cybersecurity awareness and technical capabilities.
- Increase health care industry readiness through improved cybersecurity awareness and education.
- ■ Identify mechanisms to protect research and development efforts and intellectual property from attacks or exposure.
- Improve information sharing of industry threats, weaknesses, and mitigations.

*Each imperative has a set of Recommendations !*

*Each recommendation has a set of Actions !*

\$158.7 B  
Invested in  
Healthcare  
R&D In 2015



# Overview of Privacy and HIPAA



# First – recap of “Privacy”

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- Hard to define
- “Privacy is the claim of individuals, groups, or institutions to determine for themselves when, how, and to what extent information about them is communicated to others”
  - Alan Westin, *Privacy and Freedom*, 1967

# OECD Guidelines on the Protection of Privacy (1980)

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- Collection limitation
- Data quality
- Purpose specification
- Use limitation
- Security safeguards
- Openness
- Individual participation
- Accountability



[http://www.oecd.org/document/18/0,3343,en\\_2649\\_34255\\_1815186\\_1\\_1\\_1\\_1,00.html#part2](http://www.oecd.org/document/18/0,3343,en_2649_34255_1815186_1_1_1_1,00.html#part2)





# FTC Fair Information Practice Principles

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- Notice/Awareness
- Choice/Consent
- Access/Participation
- Integrity/Security
- Enforcement/Redress

(<http://www.ftc.gov/reports/> ... find documents)

(OR: <https://www.worldprivacyforum.org/2008/01/report-a-brief-introduction-to-fair-information-practices/>)

## EU's General Data Protection Regulation

## EU's Data Protection Directive



# HIPAA

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## Health Insurance Portability & Accountability Act Of 1996 (HIPAA),

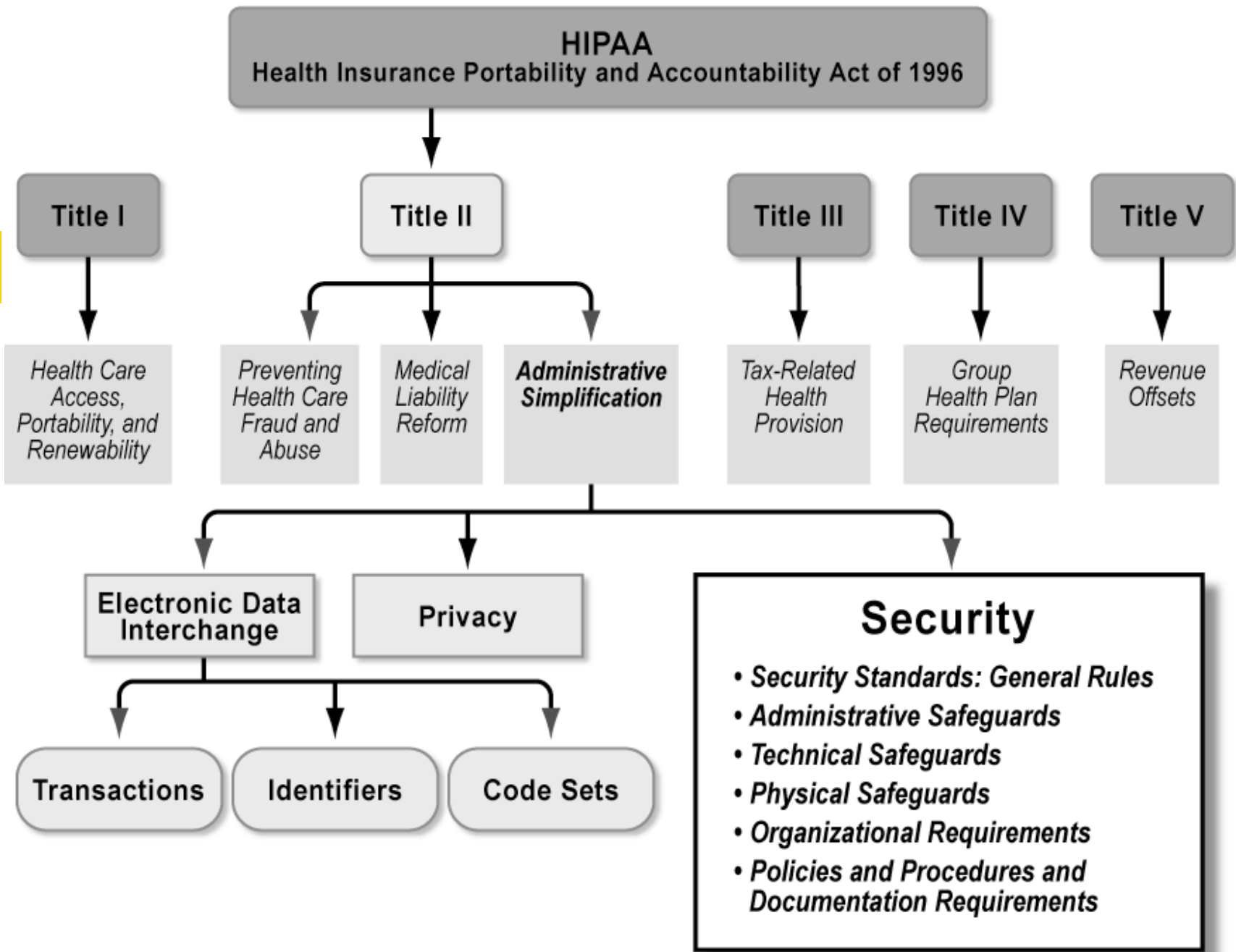
- also known as the Kennedy-Kassebaum Act
- **Protects confidentiality and security** of health care data by establishing and enforcing standards and standardizing electronic data interchange
- **Requires** organizations that retain health care information to use information **security mechanisms** to protect this information, as well as policies and procedures to maintain them
- Requires **comprehensive assessment** of organization's information security systems, policies, and procedures



# HIPAA (Continued)

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- Five fundamental privacy principles:
  - Consumer control of medical information
  - Boundaries on the use of medical information
  - Accountability for the privacy of private information
  - Balance of public responsibility for the use of medical information for the greater good measured against impact to the individual
  - Security of health information



CBS\_01527a

Figure 1. HIPAA Components

# HIPAA Rules

- **HIPAA Rules:** provide federal protections for patient health information held by *Covered Entities* (CEs) and *Business Associates* (BAs) and give patients an array of rights with respect to that information.
  - **Privacy Rule** -- protects the privacy of individually identifiable health information;
  - **Security Rule** -- sets national standards for the security of *electronic Protected Health Information* (ePHI); and
  - **Breach Notification Rule**-- requires CEs and BAs to provide notification following a breach of unsecured Protected Health Information (PHI).

**CEs** must comply with these.

**BAs** must comply with the HIPAA **Security Rule** and **Breach Notification Rule** as well as certain provisions of the HIPAA Privacy Rule.



**Reading: Guide to Privacy and Security of Electronic Health Information**

<https://www.healthit.gov/sites/default/files/pdf/privacy/privacy-and-security-guide.pdf>



# HIPAA

## ■ CEs include

- **Health care providers** who conduct certain standard administrative and financial transactions in electronic form,
- **Health plans:** Individual and group plans that provide or pay the cost of medical care
- **Health care clearinghouses:** entities that process nonstandard information they receive from another entity into a standard

A Health Care Provider	A Health Plan	A Health Care Clearinghouse
<p>This includes providers such as:</p> <ul style="list-style-type: none"> <li>• Doctors</li> <li>• Clinics</li> <li>• Psychologists</li> <li>• Dentists</li> <li>• Chiropractors</li> <li>• Nursing Homes</li> <li>• Pharmacies</li> </ul> <p>...but only if they transmit any information in an electronic form in connection with a transaction for which HHS has adopted a standard.</p>	<p>This includes:</p> <ul style="list-style-type: none"> <li>• Health insurance companies</li> <li>• HMOs</li> <li>• Company health plans</li> <li>• Government programs that pay for health care, such as Medicare, Medicaid, and the military and veterans health care programs</li> </ul>	<p>This includes entities that process nonstandard health information they receive from another entity into a standard (i.e., standard electronic format or data content), or vice versa.</p>

### Covered Entities Guidance:

<https://www.cms.gov/Regulations-and-Guidance/Administrative-Simplification/HIPAA-ACA/Downloads/CoveredEntitiesChart20160617.pdf>



# HIPAA: Business Associate

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- **Privacy rule** - allows CEs to share to disclose PHI to BAs if they provide appropriate assurances
- BA is:
  - “person or entity, other than a workforce member (e.g., a member of your office staff), who performs certain functions or activities on your behalf, or provides certain services to or for you, when the services involve the access to, or the use or disclosure of, PHI.”
    - **BA functions or activities include:** claims processing, data analysis, quality assurance, certain patient safety activities, utilization review, and billing
  - **Examples:**
    - Health Information Organizations or Exchanges (HIOs/HIEs);
    - An entity that a CE contracts with to provide patients with access to a Personal Health Record (PHR) on behalf of a CE



# Patients Rights under HIPAA

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- Notice of privacy practices (NPP)
- Patient Access to Information (within 30 days of request)
- Amending Patient Information (within 60 days of request)
  - Can file “statement of disagreement”
- Accounting of Disclosures (limited)
  - Not needed for ones made for treatment, payment, operations and other purposes.
- Rights to Restrict Information (use and disclosure)
- Rights to confidential communications
  - Receive communications by means and from locations patients specify

*Designated Record Set* – is a group of records CE or BA maintains to make decisions about individuals (e.g., medical and billing records)





# HIPAA Privacy Rule

- Privacy Rule
  - Protects most individually identifiable health information held by a CE and BA – called PHI (**Protected Health Information**) related to
    - Demographic information
    - The individual's past, present, or future physical or mental health or condition,
    - The provision of health care to the individual, or
    - The past, present, or future payment for the provision of health care to the individual.

Also - identifies the individual OR there is a reasonable basis to believe it can be used to identify the individual

## List of 18 Identifiers

1. Names;
2. All geographical subdivisions smaller than a State, including street address, city, county, precinct, zip code, and their equivalent geocodes, except for the initial three digits of a zip code, if according to the current publicly available data from the Bureau of the Census: (1) The geographic unit formed by combining all zip codes with the same three initial digits contains more than 20,000 people; and (2) The initial three digits of a zip code for all such geographic units containing 20,000 or fewer people is changed to 000.
3. All elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death; and all ages over 89 and all elements of dates (including year) indicative of such age, except that such ages and elements may be aggregated into a single category of age 90 or older;
4. Phone numbers;
5. Fax numbers;
6. Electronic mail addresses;
7. Social Security numbers;
8. Medical record numbers;
9. Health plan beneficiary numbers;
10. Account numbers;
11. Certificate/license numbers;
12. Vehicle identifiers and serial numbers, including license plate numbers;
13. Device identifiers and serial numbers;
14. Web Universal Resource Locators (URLs);
15. Internet Protocol (IP) address numbers;
16. Biometric identifiers, including finger and voice prints;
17. Full face photographic images and any comparable images; and
18. Any other unique identifying number, characteristic, or code (note this does not mean the unique code assigned by the investigator to code the data)



# HIPAA Privacy Rule

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- Establishes national standards for the protection of certain health information.
- The Privacy Rule standards address
  - “the use and disclosure of PHI as well as standards for individuals’ privacy rights to understand and control how their health information is used and shared, including rights to examine and obtain a copy of their health records as well as to request corrections”
  - “limits Uses and Disclosures of Patient Information ”
- Rules related to
  - Permitted Uses and Disclosures, etc. (Usage and Disclosure related)
  - Notice and Other Individual Rights
  - Administrative requirements – policies and procedures

(Check for more info: <https://www.hhs.gov/hipaa/for-professionals/privacy/laws-regulations/index.html>)



# HIPAA Security Rule

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Establishes national set of minimum security standards for protecting all ePHI that a CE /BA create, receive, maintain, transmit.

Six main sections

- **Security standards: General Rules**

- general requirements all CEs must meet;
- establishes flexibility of approach;
- identifies standards and implementation specifications (both required and addressable);
- outlines decisions a CE must make regarding addressable implementation specifications; and
- requires maintenance of security measures to continue reasonable and appropriate protection of **electronic *protected health information***.
  - Ensure the confidentiality, integrity, and availability of ePHI that it creates, receives, maintains, or transmits;
  - Protect against any reasonably anticipated threats and hazards to the security or integrity of EPHI; and
  - Protect against reasonably anticipated uses or disclosures of such information that are not permitted by the [Privacy Rule](#).



# HIPAA Security Rule

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- Administrative Safeguards
  - “administrative actions and policies, and procedures to manage the selection, development, implementation, and maintenance of **security measures** to protect electronic protected health information and to manage the conduct of the covered entity's workforce in relation to the protection of that information.”
- Physical Safeguards
  - physical measures, policies, and procedures to protect electronic information systems and related buildings and equipment from natural and environmental hazards and unauthorized intrusion.



# HIPAA Security Rule

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- **Technical Safeguards**

- the technology and the policy & procedures for its use that protect electronic protected health information and control access to it

- **Organizational Requirements**

- includes standards for business associate contracts and other arrangements, including memoranda of understanding between a CE and a business associate when both entities are government organizations; and requirements for group health plans.

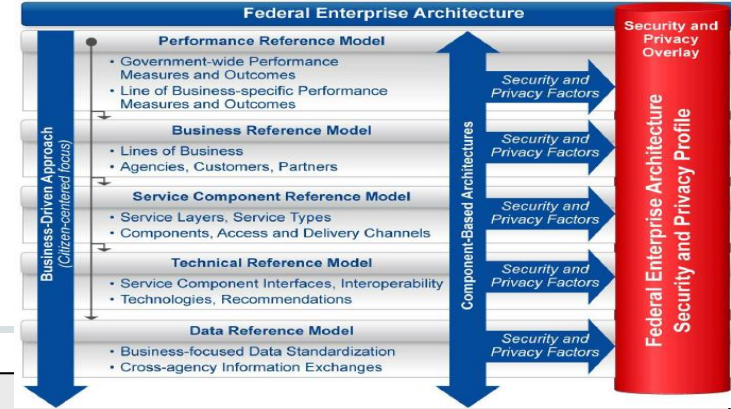


# HIPAA Security Rule

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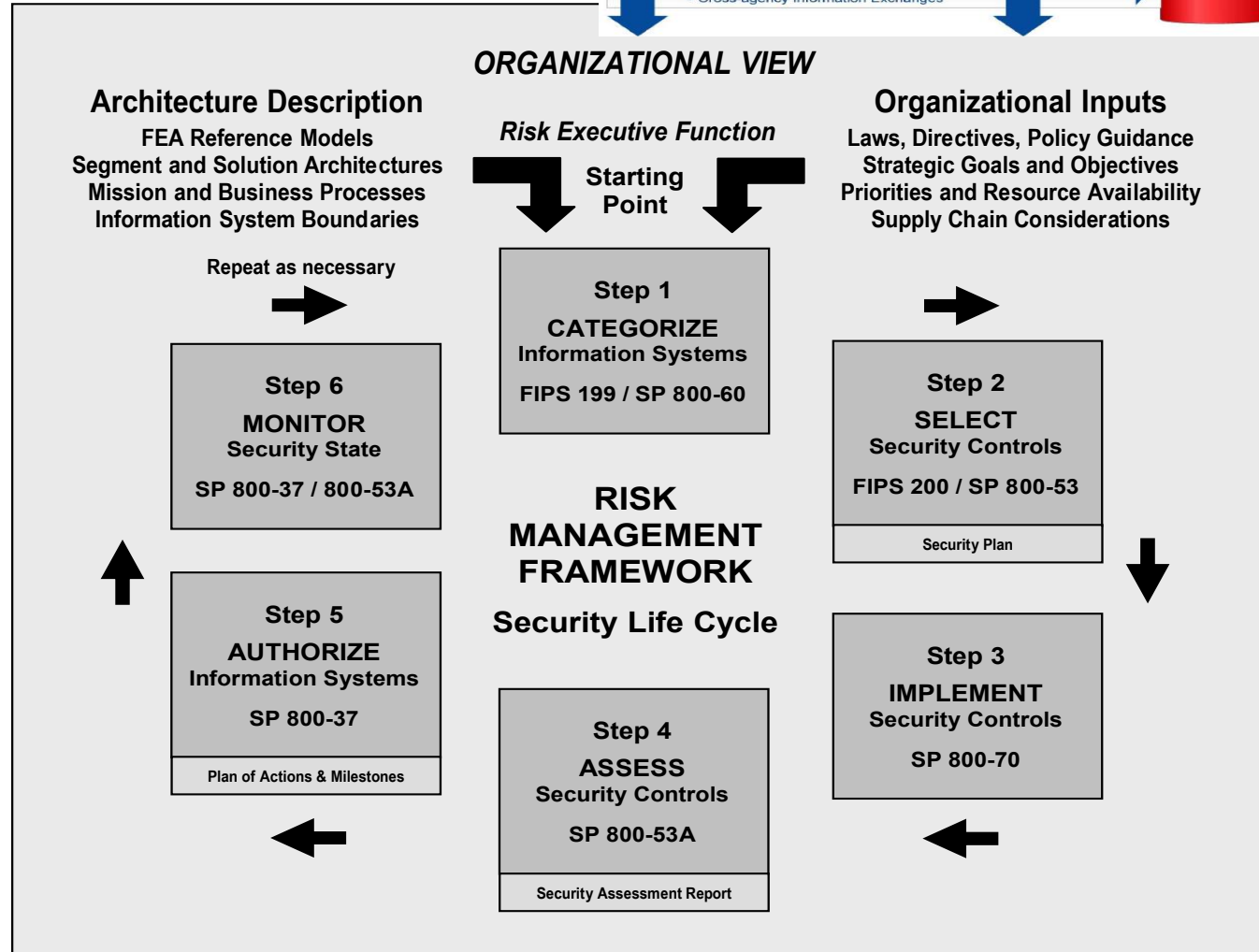
- Policies and Procedures and Documentation Requirements
  - Requires implementation of reasonable and appropriate policies and procedures to comply with the standards, implementation specifications and other requirements of the Security Rule;
  - maintenance of written (which may be electronic) documentation and/or records that includes policies, procedures, actions, activities, or assessments required by the Security Rule; and retention, availability, and update requirements related to the documentation.

# NIST 800-66R1 on HIPAA



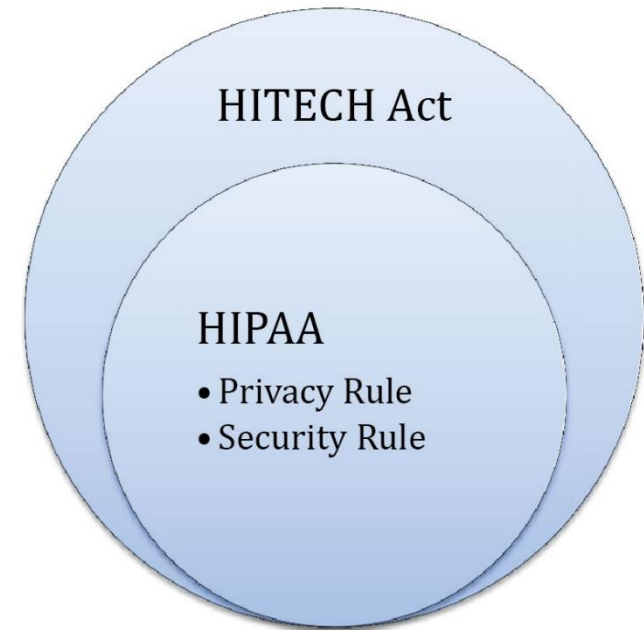
- HIPAA Security Rule is all about effective risk management
- Assessment, analysis of risk is foundation for CE compliance efforts

Can apply:  
**NIST-RMF**



# The American Recovery and Reinvestment Act (ARRA) of 2009

- After great recession!!
- Most significant changes
  - The final breach notification rule
  - Updates to business associate responsibilities
  - Expansion of penalty consequences
  - Investigative authority for potential violations to the Attorney General of each state



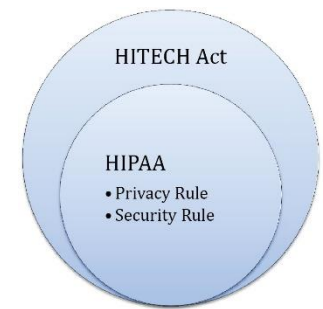
“The Health Information Technology for Economic and Clinical Health (HITECH) Act, enacted as part of the American Recovery and Reinvestment Act of 2009, was signed into law on February 17, 2009, to promote the adoption and meaningful use of health information technology. Subtitle D of the HITECH Act addresses the privacy and security concerns associated with the electronic transmission of health information, in part, through several provisions that strengthen the civil and criminal enforcement of the HIPAA rules.”

OCR

**Strengthens HIPAA**



# HITECH Act



- Expands Administrative Simplification provision and added business associates to the list of those who are directly culpable for compliance to HIPAA
- OCR took control of enforcement of HIPAA vis the HITECH Act – dramatic effect
- HITECH requires
  - Business associate to implement each of the CIA safeguards under the HIPAA Security Rule that already applied to covered entities
  - Also imposes new requirements for covered entities to limit disclosures of PHI “to the extent practicable” to limited data set or, if needed by the CEs, to the min necessary to accomplish the intended purpose
  - Also changes to HIPAA –
    - Providing individuals with right to obtain PHI in e-format,
    - Enhancing fines and penalties for breaches
    - Dramatically changes the definition of “breach” as – an acquisition, access, or disclosure of unsecured PHI that is not otherwise permitted under HIPAA that compromises the security and privacy of PHI



# HITECH Act

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- HIPAA Beach Notification – did not exist prior to HITECH Act
  - One of the most drastic change!!
  - Any breach that impacts 500 or more individuals – needs to be reported
- Scope of CEs also clarified to include business associates such as
  - Billing providers
  - Health information exchanges
  - Software companies
  - Cloud computing providers
  - In some cases Banks
- Safe harbor in HITECH for encrypted info
  - If the info breached was encrypted with certified FIPS 140-2 encryption – the breach does not have to be reported
- Provides funding for auditors to review the security practices of covered entities in US

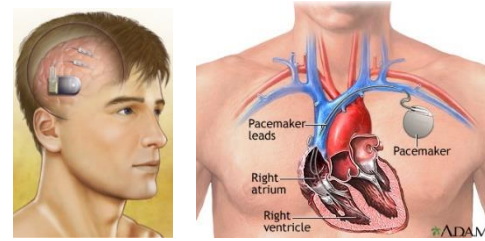


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Paradigm Shift in Health care:  
*Anywhere anytime, personalized  
health*



## Continuous Monitoring and On-time intervention



in-body/out-body implantable/wearable devices, sensors

## Anywhere, Anytime Personalized Healthcare/medicine

### Enablers

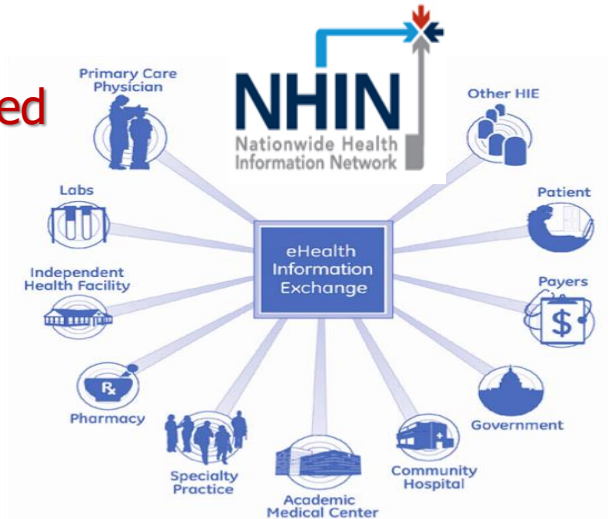
- Medical devices, IoT & Sensor technologies
- Mobile and Web technologies,
- Social networking, Cloud computing, Location based services
- Big Data analytics – AI, ML, ....

Many value added features/services

## Social Support



## Integrated Care



## Self-care



# mHealth App Spectrum



Simple

Complex



## Single use mHealth

**Focuses on a single purpose for a single user, typically consumer initiated:**

- smartphone apps and wearable tech products that support the user to record data which may be communicated to others
- consumer driven, focus on wellness, diet and exercise.

Fitness tracker, weigh loss apps



## Social mHealth

**Draws upon the support and encouragement provided through social networks:**

- gamification and competition based apps which encourage users to meet goals
- consumers likely to pursue activities independently.

Fitness tracker sharing via a SN



## Integrated mHealth

**Links apps and devices with the formal healthcare system:**

- mobile technology linking patients and HCPs
- tailored to multiple end users: consumers, physicians and administrators.

Information from multiple apps that a patient uses is incorporated into the patients overall health record, giving a physician a more complete view



## Complex mHealth

**Leverages advanced, integrated analytics for decision support:**

- predictive analytics applied to complex data generated through mHealth applications
- focus on achieving optimal management of a specific disease.

Source: Four Dimensions of Effective mHealth, Deloitte US Center for Health Solutions, 2014

Data mining using algorithms to analyze data collected via mobile devices to deliver insights on an individual's patterns of behavior for individual health management purposes. Data analysis oriented towards improving public health responses through analysis of sub-populations with different risk profiles and appropriate targeting of public health interventions

# mHealth App market 10 takeaways



325,000 health apps

available in 2017

78,000 new health apps

added to major app stores in the last year

Android overtaking Apple

in numbers of available health apps

84,000 health app publishers

releasing apps

Gap of demand and supply widening

with high number of developers, low  
downloads growth rates

\$5.4bn investment into digital health start-ups

fueling the market

3.6bn apps will be downloaded

by users in 2017 (estimated)

18% not developing health apps

due to uncertain regulations

Insurers are the #1 future distribution  
channel

53% of digital health practitioners expect  
health insurances to be future distribution  
channel with best market potential

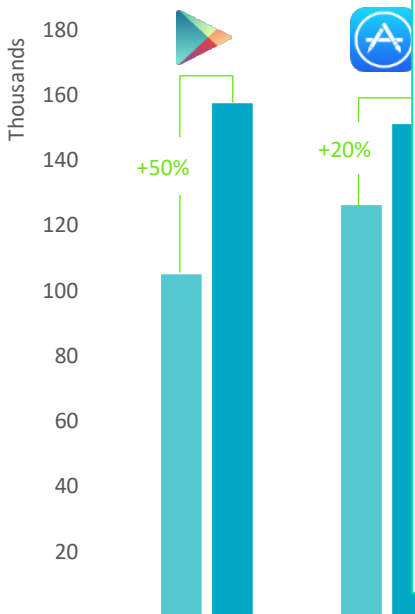
28% pure digital market players  
in the digital health industry

# mHealth App market

**325,000 mHEALTH APPS AVAILABLE**

**NUMBER ONE FOR HEALTHCARE**

*Number of mHealth apps displayed in App Store*

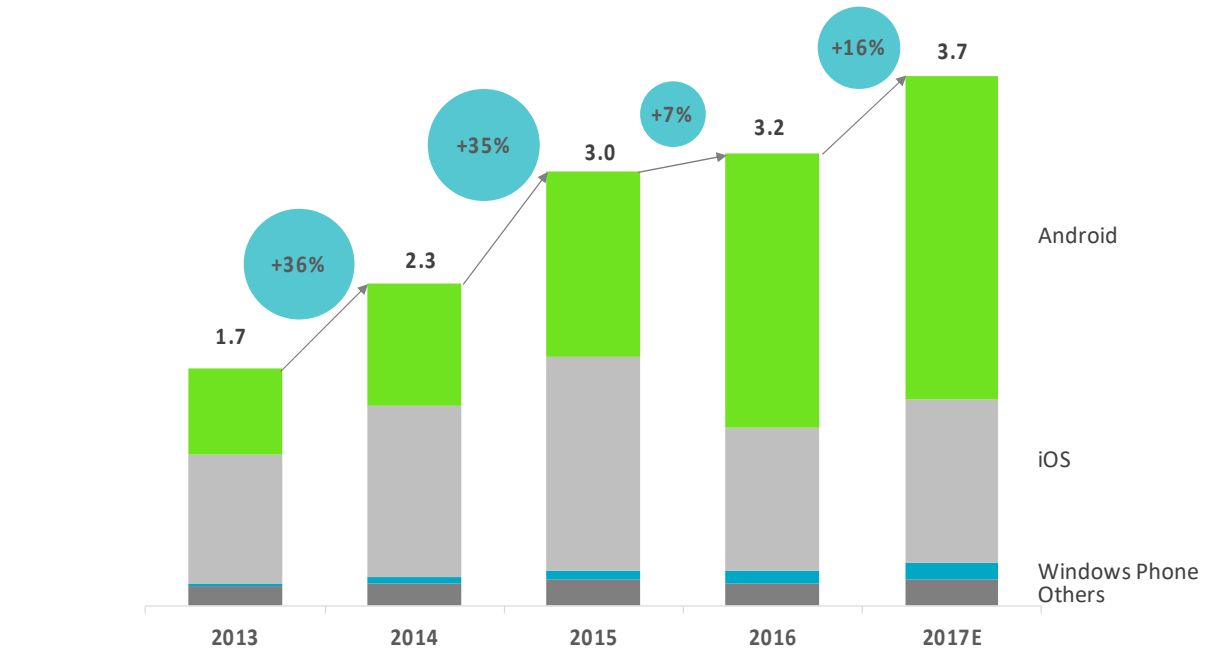


Google Play Store    Apple App Store    Windows Phone Store    Amazon App Store    Blackberry World

**3.7 BN HEALTH APPS WILL BE DOWNLOADED IN 2017**

**BIGGEST SHARE COMES FROM ANDROID**

*Estimated total downloads of mHealth apps (billions)*



**R2G**  
Research 2 Guidance

Source: Research2Guidance - mHealth App Developer Economics study 2017 - n = 2,400

**R2G**  
Research 2 Guidance

Source: Research2Guidance - mHealth App Developer Economics study 2017 - n = 2,400

# Diverse mHealth publishers

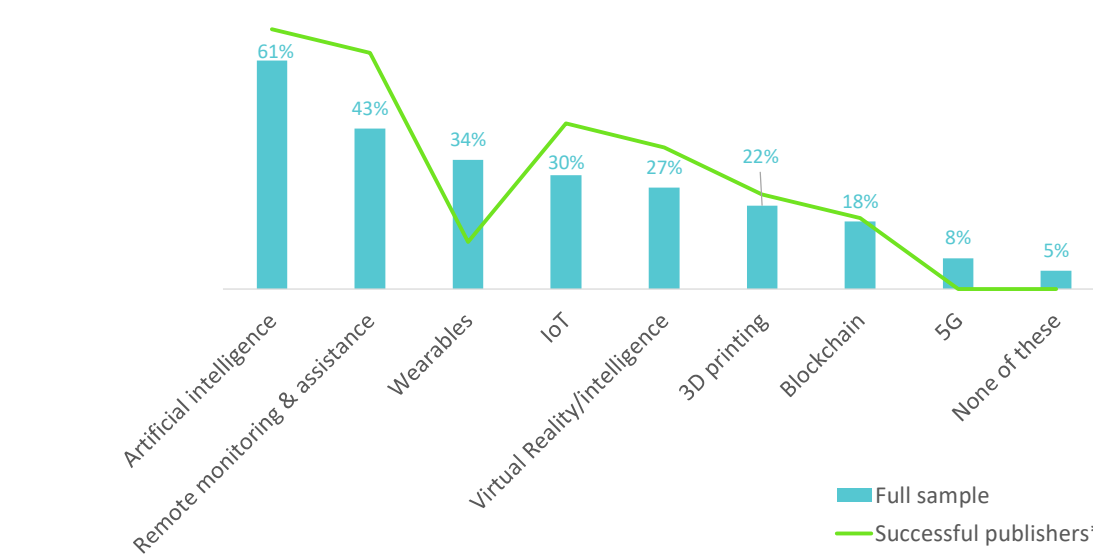
## DIGITAL INTRUDERS: THE PURELY DIGITAL MARKET

Your organization is best described as:



## AI SEEN AS THE MOST DISRUPTIVE TECHNOLOGY; SUCCESSFUL APP PUBLISHERS ARE GENERALLY MORE BULLISH ABOUT NEW TECHNOLOGIES

Most disruptive technologies to the data health sector within the next five years



\*Successful publishers = >1M USD revenue and max 500 employees

Source: Research2Guidance - mHealth App Developer Economics study 2017 - n = 2,400

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Source: Research2Guidance - mHealth App Developer Economics study 2017 - n = 2,400

©Research2Guidance 2017



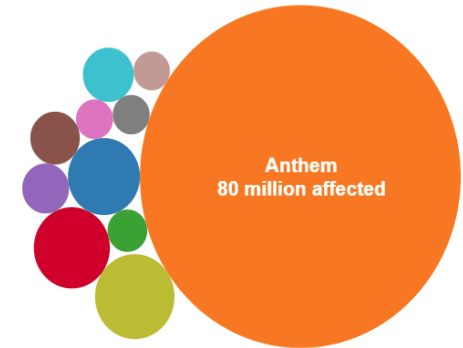
# But ... Security & Privacy significant concerns

Privacy and Security are the most important concerns

Healthcare is a vulnerable industry

David Kotz et.al, "Privacy and Security in Mobile Health: A Research Agenda,"

Biggest healthcare data breaches



"57% of consumer .. report being skeptical of the overall benefits of health information technologies such as patient portals, mobile apps, and electronic health records mainly because of recently reported data hacking and a perceived lack of privacy protection by providers"

"The unwillingness of patients to comprehensively divulge all their medical information rose to 87 percent in the fourth quarter of 2016"

Alarming: Users are concerned " ... that their pharmacy prescriptions (90 percent), mental health notes (99 percent) and chronic condition (81 percent) data is being shared beyond their chosen provider and payer to retailers, employers, and or the government without their acknowledgement."

(as per a Black Book survey)

# Security and Privacy Issues/Challenges

## ■ At-large

### Enablers

- Medical devices, IoT & Sen
- Mobile and Web technolog
- Social networking, Cloud c
- Location based services
- Big Data analytics – AI, M

Inherit all their

Levera

Security & Privacy  
Healthcare IT

## HEALTHCARE CYBERSECURITY IS IN CRITICAL CONDITION

### Severe Lack of Security Talent

The majority of health delivery orgs lack full-time, qualified security personnel

### Legacy Equipment

Equipment is running on old, unsupported, and vulnerable operating systems.

### Premature/Over-Connectivity

'Meaningful Use' requirements drove hyper-connectivity without secure design & implementation.

### Vulnerabilities Impact Patient Care

One security compromise shut down patient care at Hollywood Presbyterian and UK Hospitals

### Known Vulnerabilities Epidemic

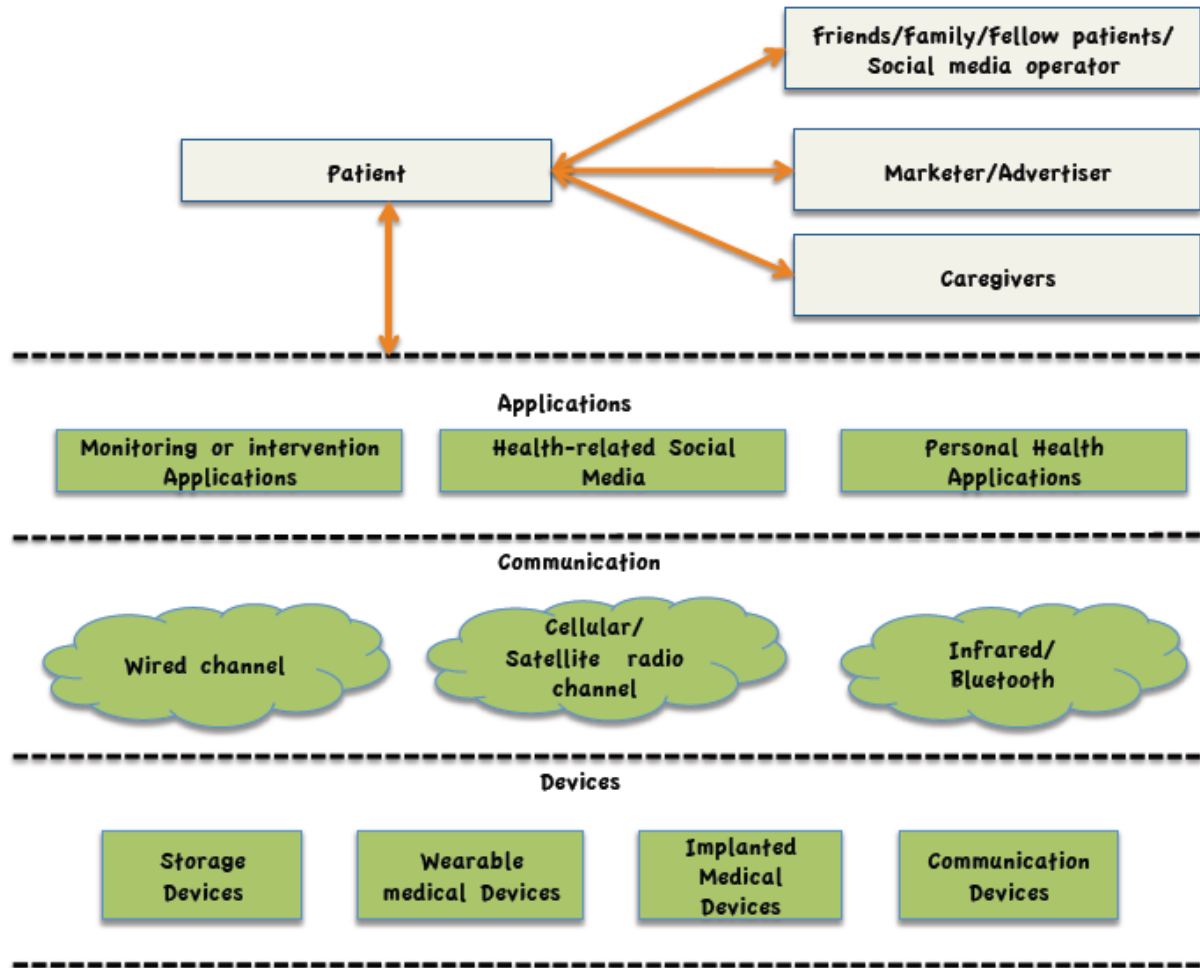
One legacy, medical technology had over 1,400 vulnerabilities

Source: Healthcare Industry  
Cybersecurity taskforce June 2017



# Security and Privacy Issues/Challenges

Laws,  
Regulations,  
Policies



# Security and Privacy Issues/Challenges

		Issues	Security problems	Approaches	Challenges
Legacy / Mobile / Cloud Infrastructure	<b>User Plane</b> Demographics, Health condition, Physical ability, Mental ability	Demographic profiles and physical & mental abilities of patients are not the same.	- Attacks using non-technical and unintentional vulnerabilities - Targeted attacks on patients with certain characteristics	Human and social factor analysis	- Rich & diverse privacy & security requirements - Security solutions are challenged by human and social factors
	<b>Application Plane</b> EMR, Tele-Health apps, Personal Health Apps (PHR mgmt, tracking), Health-related social media (OSN, VC)	- Health records are fragmented and dispersed in many facilities - In Tele-Health, a mosaic of applications work with each other, creating a highly collaborative environment - Personal health apps collect extraneous personal info - Quality of information in social media is highly variable	- De-anonymization and inference attacks by linking different data trails - Many possibilities of unauthorized access and identity theft - Social engineering attacks cripple social support systems	- Testing and certification - Design-by-contract - Principle of least privilege - Access control - Data Masking - Cryptographic protocols - Education and training	- Closed systems are hard to analyze - "Break the glass" situations circumvent access control - Cryptographic solutions are computationally intensive and not flexible - "Big data" challenges protection mechanisms
	<b>Communication Plane</b> Wire (copper, coax, fiberoptics, etc.), bluetooth/Zigbee, Satellite/Cellular radio, Infrared wave	- Sensitive patient information is transmitted over public Internet - From monitoring devices to EHR, data travels through multiple vulnerable communication modalities - Wireless communication may cause electromagnetic interference to medical devices (disruption)	- Denial of service impacting monitoring, integrated care, self-care, and social support - Breach of confidentiality of patient info due to tapping or emanation - Loss of data integrity causing erroneous monitoring & wrongful intervention	- Virtual private networks - Intrusion detection - Message authentication - EMI testing	- Wireless, Ad-hoc and opportunistic networks are naturally vulnerable - Cryptographic solutions are computationally intensive and not flexible - Tele-health and emergency care rely on on-time data transmission
	<b>Device Plane</b> Embedded/wearable Medical Devices, Mobile/ Smartphone, Application Hosting Devices, Storage Devices	- Medical devices are resource-constrained - Implanted devices are sensitive to modification - Wearable devices are easily exposed, prone to interference - Healthcare providers have little or no control over the 3rd party cloud infrastructure	- Prone to sleep deprivation attacks - Attacks on patients' physical safety - Offline hardware attack - Failed or compromised devices impacting integration, self-care, and social support	- Device encryption - Fail-secure device design - Device-level access control	- Hardware is hard and expensive to analyze - Unrealistic trust on cloud provider & auditing in cloud is challenging - Researchers have limited or no access to device hardware and firmware

# Security and Privacy Issues/Challenges

Threat agents:

*Insider* OR *Outsider*

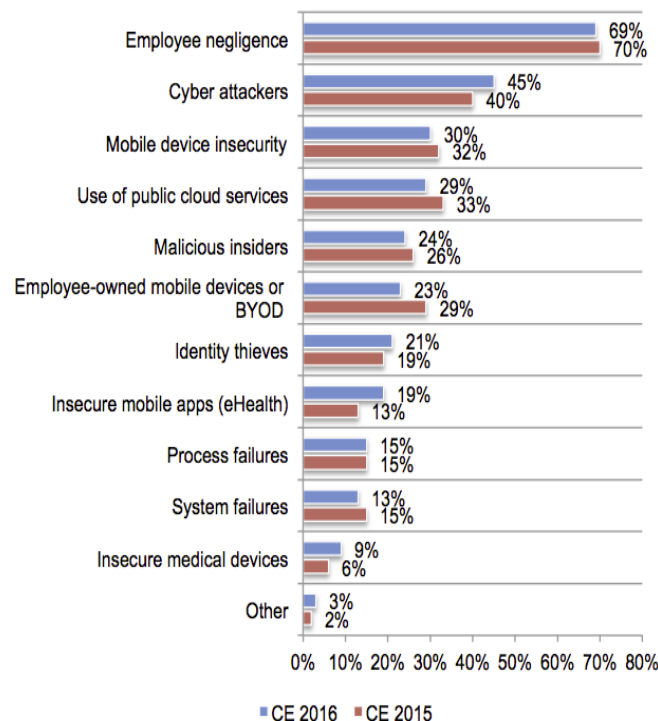
## Attack sources by industry

1 January 2016 through 31 December 2016

Industry sector	% Malicious insider	% Inadvertent actor	% Outsiders
1 Financial services	5%	53%	42%
2 Information and communications	1%	3%	96%
3 Manufacturing	4%	5%	91%
4 Retail	2%	7%	91%
5 Healthcare	25%	46%	29%

Figure 9: Attack sources by industry – 1 January 2016 through 31 December 2016.

Figure 5. Security threats healthcare organizations worry about most  
Three responses permitted



# Some of our efforts: Intimate Partner Violence (IPV)

30% of women impacted globally (as per WHO, CDC)



About **1 in 3** women and **1 in 6** men in the U.S. experienced some form of contact sexual violence during their lifetime.



**1 in 6** women and **1 in 19** men in the U.S. experienced stalking at some point during their lifetime.



Collaboration with:  
Rose Constantino (School of Nursing)  
Balaji Palanisamy (SCI)

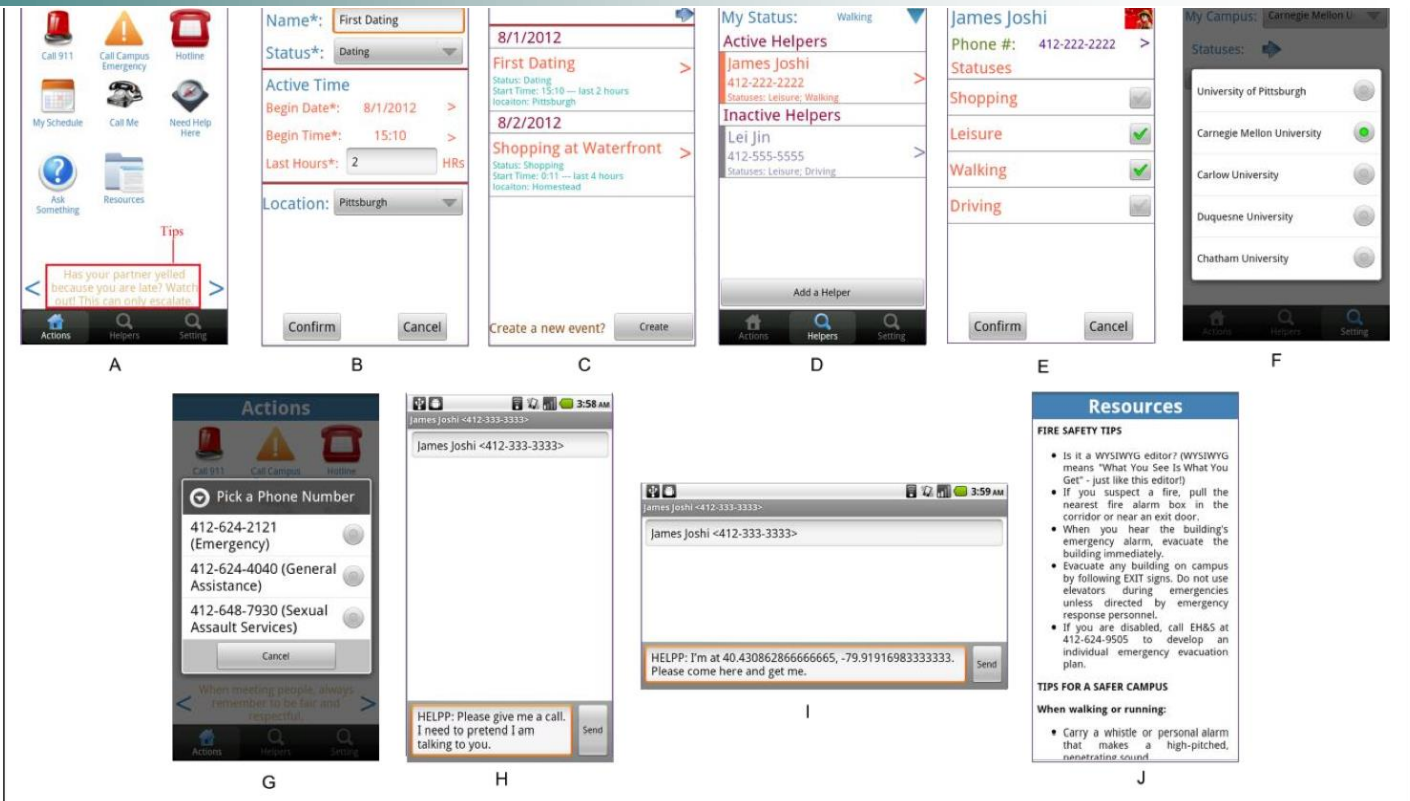
# HELPP Zone

(Health, Education on safety, Legal Participant Preferred)

Just-in-time communication and intervention from and by trusted contacts

Text based messaging

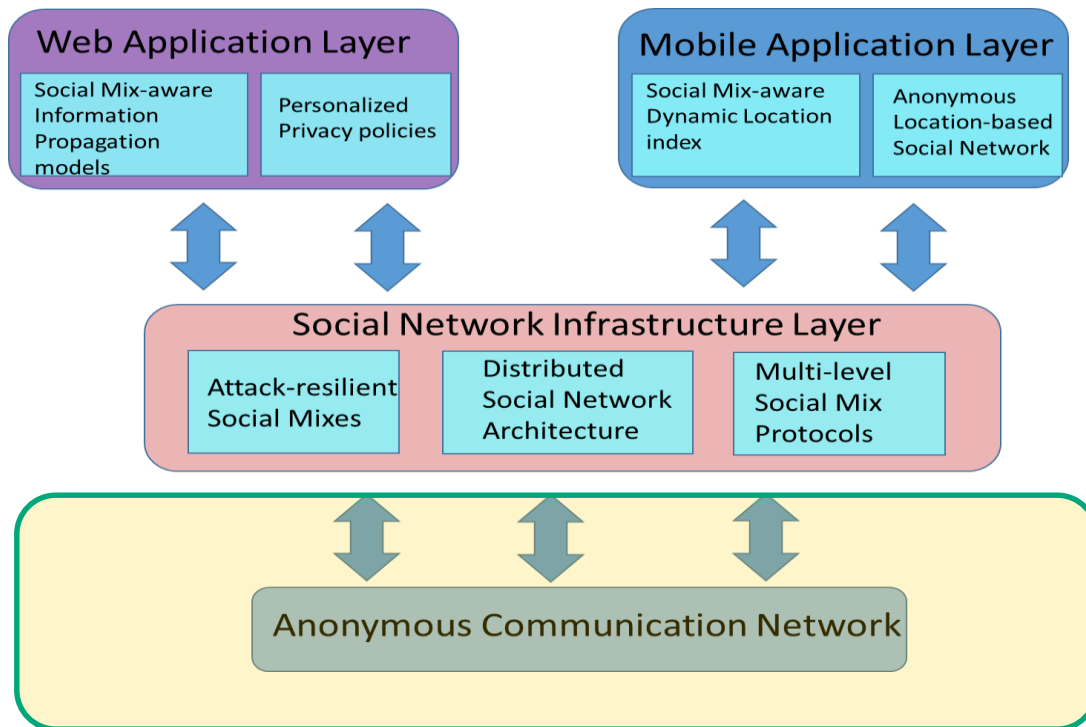
Dynamic trusted contacts



Rose Constantino, Amirreza Masoumzadeh, Lei Jin, James Joshi, Joseph Burroughs, Dominique de la Cruz, "HELPP Zone App and TMI: Disrupting Intimate Partner Violence in College Students" 2013 International Nursing High-end Forum (INHF), China, 22nd - 23rd June, 2013.

A. Masoumzadeh, L. Jin, J. Joshi, and R. Constantino, "HELPP Zone: Towards Protecting College Students from Dating Violence," in iConference 2013 Proceedings, 2013, pp. 925-928.

# LEAF System: (Lending Encouragement, Affirming Futures)



Web app  
Social Network  
Mobile app

LEAF: A Privacy-conscious Social Network-based Intervention  
Tool for IPV Survivors

Balaji Palanisamy Sheldon Sensenig James Joshi Rose Constantino<sup>†</sup>

School of Information Sciences, University of Pittsburgh <sup>†</sup>School of Nursing, University of Pittsburgh



# LEAF Social Network

## Privacy and Anonymity

### Protecting Source Privacy

sender's identity cannot be inferred

### Protecting Participant Privacy

willingness to participate increases when anonymity is guaranteed

### Protecting Recipient Privacy

Recipient may wish to forward a message from another user to his friends remain anonymous

### Protecting Location Privacy

Users should be able to use location-aware resources without revealing their location



(a) An example LEAF network



Anonymous communication

## Social Mix Mechanism



# Summary

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- Healthcare Ecosystem & HIPAA Overview
- mHealth – anytime, anywhere!
- mHealth Market data